



# Where is the Women's Health in Undergraduate OB Clinical!?



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## Background

- Pre-licensure OB clinical only exposes students to Postpartum and Labor & Delivery units.
- Although didactic course includes Women's Health discussion, there is no opportunity for clinical exposure to Women's Health.
- Students are exposed to no Women's Health or other gynecologic specialties.

## Purpose

- To transform OB clinical for pre-licensure RN students to expose them to patients with gynecologic complaints in an ED setting within a women's hospital.
- To spark discussion on social determinants of health (SDoH) in the ED patient population.

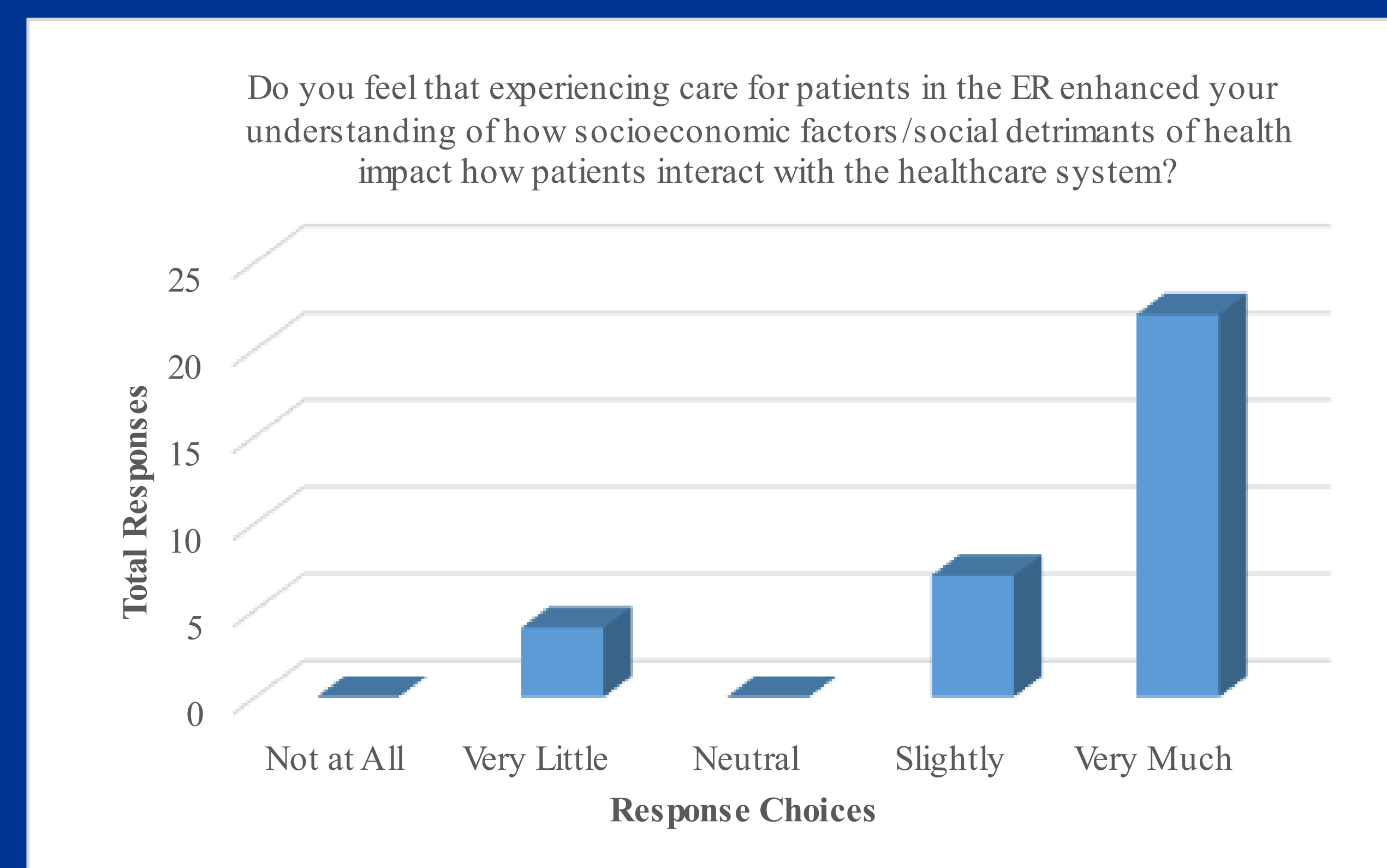
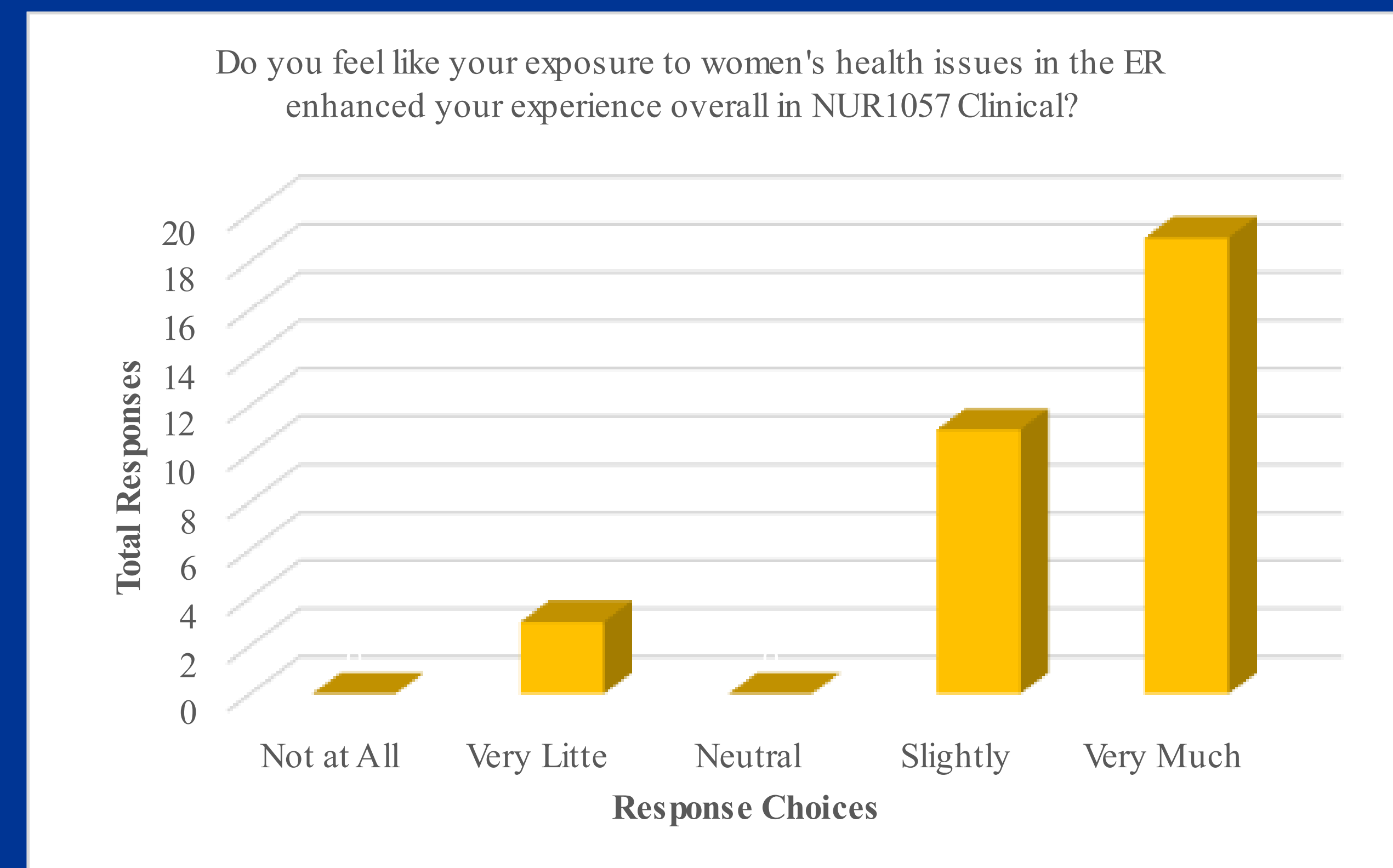
## Student Demographics

- **104** traditional junior level BSN students over 3 semesters

## Methods

- One day of traditional OB clinical was replaced with a day spent in the Emergency Department at UPMC Magee-Womens Hospital.
- Students were rotated through various ED roles (bedside nurse, charge nurse, triage, forensic nurse, and APP).
- Students were asked to provide anonymous feedback via online survey

## Results



## Limitations

- ED volume can be unpredictable and can be impacted by time of day, inpatient bed status/boarding, staffing levels

## Examples of Student Qualitative Feedback:

- "This was probably my most valuable day in OB clinical because I was exposed to so much."
- "I think it gave a different perspective on women's health."
- "This helped me understand how stigmatized women's health issues are in society and how little things can make a patient feel more comfortable discussing an issue."
- "Being in the ER allows for us to have real life interactions with people who are experiencing health disparities, rather than hear about cases in class without much context. OB is not just about a mom and baby, but also about the place that mom comes from and that baby will be coming home to, predispositions that could be preventable if not for social barriers, etc."
- "I think the ability to see different floors throughout the semester allows us to have the best understanding of what we want to do in the future."
- "I feel like I learned a lot about how social factors affect health and women's medicine."

## Conclusion

- Students may find they enjoy nursing specialties they are less familiar with if they are shown a wider variety of clinical settings and patients.
- Students gain a better understanding of SDoH when exposed to it directly.